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- ² gravel determines the age of a glacial outburst megaflood,
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10 SAMPLING AND SAMPLE PREPARATION

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About 20 cobbles were extracted for optical dating from each of three different pits 12 13 more than 20 minutes after sunset. The three sample pits are all located in an active gravel quarry (2018 sample, site 1 - 47.03717°N, 114.3730°W; 2019 site 2 - 47.0362°N, 14 114.3746°W and 2019 site 3 - 47.0367°N, 114.3719°W). All sampled clasts were very fine-15 16 to medium-grained feldspathic quartzite and feldspathic sandstone with abundant amounts of quartz and feldspar, which are the target minerals for luminescence dating. Cobbles were 17 wrapped in aluminium foil and placed in a light-tight bag. One sample of granule- and 18 19 pebble-sized matrix was taken from around the sampled cobbles at the 2018 pit; two such samples were taken from each of two pits in 2019. Due to open-work nature of the deposit, 20 granule-sized matrix material did not exist between all cobbles. Discontinuous and thin (< 2 21 22 mm) coatings of silt and clay were on many clasts, especially on granules and cobbles; these are most likely introduced into the gravel from suspended sediments in GLM (c.f. 23 Mooneyham and Strom, 2018). The silt and clay coatings were scraped from the 15 cobbles 24

from each of the 2019 pits; these two composite samples were included with the five othermatrix samples for dose-rate measurements.

- Cobbles with the fewest fractured faces from each pit (8 in 2018 and 30 in 2019) were
 selected from the ~60 rocks collected, and shipped to the Department of Physics, Technical
 University of Denmark, Risø Campus laboratory for measurement.
- Samples for luminescence measurements were prepared under low-level amber light 30 31 (Sohbati et al., 2017). Each of the cobbles was cored using a diamond-embedded, water cooled, coring bit mounted in a bench-model drill press, after Sohbati et al. (2011). Initially, 32 33 ~10 mm diameter cores were drilled perpendicularly to each of the two tabular rock faces, arbitrarily designated "top" and "bottom", to at least the center of the cobble, resulting in two 34 cores per sample. Cores from 36 of the 38 clasts were successfully drilled from both tabular 35 sides of each rock. Cores were sectioned into slices on a Buehler Isomet low-speed saw with 36 a 0.3 mm-thick diamond-embedded blade at ~1 mm intervals; resulting slice thicknesses 37 average 0.76 mm (n = 721). Slices from each core of the cobbles were mounted directly on 38 reader carousels for discs for luminescence measurements without any further mechanical or 39 chemical treatment (Sohbati et al., 2011). 40
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- 42 INSTRUMENTATION AND MEASUREMENTS
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- 44 Luminescence measurements
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- All the luminescence measurements were carried out on Risø TL/OSL DA-20 readers.
 The continuous-wave (CW) IRSL signals were stimulated for 100 s using infrared (IR) LEDs
 (\$\lambda_{max}\$ = 850 ± 33 nm) with a Lighting Power Density (LPD) of > 300 mW.cm⁻² at sample
 position and detected through a Schott BG-3/BG-39 blue filter combination (Table S1). The

50 post-infrared CW and pulsed OSL (abbreviated as post-IR OSL and post-IR POSL, respectively; Tsukamoto and Rades, 2016) measurements were carried out on readers 51 52 equipped with automated Detection And Stimulation Head (DASH, Lapp et al., 2015). The post-IR OSL signals were stimulated for 100 s subsequent to CW IR stimulations at 50 °C 53 (and 225 °C) each for 100 s, while the post-IR POSL signals were stimulated for 160 s (Table 54 S1). All OSL signals (CW and pulsed) were stimulated using blue LEDs ($\lambda_{max} = 470 \pm 20$ 55 nm, LPD > 80 mW.cm⁻²) and measured through a Hoya U-340 UV filter with a total 56 thickness of 7.5 mm. The POSL pulse durations were 200 µs during which the blue LEDs 57 were switched on and off for 50 µs and 150 µs, respectively. The POSL signal was recorded 58 during the off-time only (Denby et al., 2006). The aliquots were heated to 250 °C and kept at 59 this temperature for 100 s prior to all optical stimulations (Table S1). A high temperature blue 60 61 stimulation at 290 °C for 100 s was also carried out at the end of each cycle to minimize the signal carry-over to the next cycle in equivalent dose (D_e) measurements (Murray and Wintle, 62 2003). A heating rate of 2 or 5 °C s⁻¹ was used during preheat treatments for IRSL and POSL 63 64 measurements. A pause of 30 s was also inserted before the stimulations to ensure that the whole volume of the rock slices had reached the stimulation temperature (Sohbati et al., 65 2015). Five empty channels were put before and after each stimulation to monitor any 66 67 Isothermal Thermoluminescence (ITL) signal. The irradiations were carried out using a ⁹⁰Sr beta source calibrated using sensitised quartzite rock slices (Sohbati et al., 2012). 68 69 A single aliquot regenerative-dose (SAR) protocol (Murray and Wintle, 2000) with a test dose of 12, 16, or 20 Gy, depending on instrument was used for both IRSL and post-IR 70 71 POSL measurements (Table S1). Test doses of such sizes have been reported to be 72 appropriate for measuring both small doses near the surface of the rock as well as large doses close to saturation at depth (Liu et al., 2016). The IRSL natural sensitivity-corrected signals 73 (L_n/T_n) were calculated using the first 1 s (channels: 6-10) of the signals subtracted by the 74

average of the last 10 s (channels: 446-495). The corresponding integration intervals for the calculation of post-IR POSL L_n/T_n values were 1.12 s (channels: 6-12) and 1.28 s (channels: 13-20), respectively.

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Dose rate measurements

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81 The dose rate measurements were carried out on the remaining material (~300 g) after drilling from cobbles that were identified as suitable for dating, and the material from the 82 83 surrounding matrix. Each sample was crushed and pulverized, heated to 450°C for 24 h to remove any organic matter and to dehydrate minerals, and cast with wax to produce a 84 reproducible geometry and prevent radon loss. Samples were then stored for at least 3 weeks 85 to allow ²²²Rn to reach equilibrium with its parent ²²⁶Ra before being measured on a high-86 purity germanium detector for at least 24 h (Murray et al., 2018). The activity concentrations 87 of ²³⁸U, ²³²Th, and ⁴⁰K were measured using the high-resolution gamma spectrometry 88 (Murray et al., 2018) and converted to dose rate using the conversion factors by Guérin et al. 89 (2011). 90 91 92 Grain size measurements 93 94 To quantify the mineralogy and grain size of cobbles C-3 and C-4, minerals were

mapped at a resolution of 3 µm across polished thin sections (C-3: 13 x 27 mm; C-4: 9.5 x 19
mm) using Scanning Electron Microscopy-Energy Dispersive X-ray spectroscopy (SEMEDX).

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99 Matrix porosity estimation

because therefore there is less radioactive material near the sample. The porosity of the
sediment matrix was estimated from a photograph of the sampling location using ImageJ
(Schneider et al., 2012; Jutzeler et al., 2012). The software is used to image material versus
interstitial spaces between the gravel clasts, resulting in an average porosity for the
photographed outcrop.

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109 LUMINESCENCE CHARACTERISTICS

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111 K-rich feldspar IRSL

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Quartz is the preferred dosimeter in luminescence dating (Aitken, 1985). Thus, to 113 isolate the quartz signal from whole rock slices, eight of the least broken and more rounded 114 cobbles that were collected from a single pit in the first field campaign in 2018 were 115 measured using a double-SAR protocol (Banerjee et al., 2001). In this protocol the blue-116 stimulated OSL signal is measured after the infrared-stimulated signal (Table S1). Quartz is 117 largely insensitive to IR stimulation, while feldspar luminescence signal can be depleted by 118 119 both IR and blue stimulations (e.g. Duller, 2003). A double-SAR protocol can thus allow us to measure (and so deplete) the feldspar signal in the first stimulation step with IR, while the 120 post-IR blue stimulated signal measured in the second step preferentially originates from 121 quartz (Duller, 2003). The typical IRSL and post-IR OSL signals from a rock slice are shown 122 in Fig. S1. As expected, the post-IR OSL signal depletes faster than the IRSL signal. 123 However, a comparison between the corresponding post-IR OSL stimulation curves from a 124

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slice of sample C-4 and a sensitised calibration quartzite slice reveals that the latter signal 125 decays even more rapidly (Fig. S1). The likely explanation for this observation is that the 126 127 observed post-IR OSL signals from slices of C-3 and C-4 are contaminated with feldspar slow-decaying signal. If the IR stimulation in the first step is not sufficient to entirely deplete 128 the signal, then the remaining feldspar signal can be stimulated by blue stimulation in the 129 subsequent step and obscure the fast component of the quartz OSL signal. An alternative 130 131 reason could be that the OSL signal from the constituent quartz in our samples does not have a fast component. Regardless of the true explanation for this observation, the post-IR OSL 132 133 signal from these slices is not deemed as suitable for dating due to its composite origin or lack of fast component. Consequently, further data analyses on these samples including C-3 134 and C-4 were carried out using IRSL signals only. 135

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- 137 **Post-IR POSL**
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Additional sampling was done in 2019, where 15 cobbles each were collected from 139 two additional pits dug at the quarry. Guided by the results from 2018 samples, we followed a 140 more rigorous approach to separate the quartz OSL signal from the whole rock slices by 141 using IR and pulsed OSL (POSL) stimulations successively. It is known that the pulsed OSL 142 characteristics of quartz and feldspars are very different (e.g. Denby et al., 2006). Thus, to 143 144 isolate the quartz signal from our polymineral rock slices, we evaluated all 30 cobbles in a rapid screening test, where one slice from each rock was measured using both the IRSL and 145 post-IR POSL signals in the same measurement cycle (Table S1). The post-IR POSL signals 146 from samples with significant IRSL signals were generally decaying much more slowly than 147 the corresponding signals from samples with negligible IRSL signals, indicating that the 148

latter samples had smaller amounts of feldspar, and so were more likely for their post-IRPOSL signal to predominantly originate from quartz (Fig. S1).

Based on a qualitative assessment of the shape of the post-IR POSL signals, the aliquots were grouped as per the degree of feldspar contamination in quartz OSL, including two samples with very low contamination, identified as quartz-rich and suitable for further measurements with the conventional CW OSL signal, and 10 samples characterized as feldspar-rich and suitable for measurement with CW IRSL signal. The remaining 17 samples with low- to moderate feldspar contamination of OSL signals were selected for measurements using the post-IR POSL signal.

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159 Bleaching with depth

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Guided by the screening results and the relative sensitivity of the samples to IR or blue light stimulation, the luminescence-depth profiles were determined by measuring the OSL, IRSL or post-IR (P)OSL natural sensitivity-corrected signals (i.e. L_n/T_n values) with depth in the two tabular sides of 36 cobbles, and one side of two cobbles. None of the observed pIRIR₂₂₅ profiles (measured as part of the post-IR POSL protocol) had the sigmoidal shape characteristic for well-bleached rock samples, and so this signal was not included in any further analysis.

Profiles of 24 of the 38 cobbles showed consistent L_n/T_n ratios from the surface to the depth, indicating that these cobbles had no light exposure before burial, and that their luminescence signals are in field saturation. Profiles of another 11 cobbles showed reduced L_n/T_n values near the surface but no near-surface plateaus, indicating that these cobbles were exposed to some light, but not enough to be sufficiently bleached (Fig. S2). Three cobbles (C-3, C-4 and C-1-11) contained, at least in one side, profiles with sigmoidal shapes typical for well-bleached rock surfaces, starting from small values near the surface and slowly risingtowards saturation in depth (Fig. 2B).

176 In order to determine the extent of bleaching is these samples prior to burial, the 177 observed IRSL (samples C-3 and C-4) and post-IR POSL (sample C-1-11) L_n/T_n values were 178 first fitted (solid lines in Fig. 2B) using the model representing an exposure event followed by 179 a burial event, which is the expected depositional history for these cobbles:

180
$$L(x) = L_0(x) \left(\left(e^{-\overline{\sigma \varphi_0} t_e e^{-\mu x}} - 1 \right) e^{-\frac{D}{D_0} t_b} + 1 \right)$$
(1)

181 where L_0 is the initial luminescence signal before burial, $\overline{\sigma \varphi_0}$ (ka⁻¹) is the luminescence 182 bleaching rate at the surface of the rock, t_e (ka) is the duration of the exposure time before 183 burial, μ (mm⁻¹) is the coefficient of light attenuation into the rock, \dot{D} (Gy.ka⁻¹) is the dose 184 rate during burial, D_0 (Gy) is the characteristic dose and t_b (ka) is the burial time (Sohbati et 185 al., 2015; Freiesleben et al., 2015).

The product terms $\overline{\sigma \varphi_0} t_e$ and $\dot{D}/D_0 t_b$ are treated as single parameters in the fitting. This is because without independent knowledge of the value of $\overline{\sigma \varphi_0}$ or t_e , one cannot meaningfully treat them as separate parameters for the fitting. Also, the fitted value of t_b is not of interest, as it is directly derived from the D_e distribution of the surface slices. The resulting best-fit parameter values were then replaced in the following model for one exposure event only, to predict the shape of the profiles at the time of burial (dashed lines in Fig. 2B):

193
$$L(x) = L_0(x)e^{-\overline{\sigma\varphi_0}t_ge^{-\mu x}}$$
(2)

After Souza et al. (2021) we define a surface as well-bleached if the ratio of the predicted pre-burial profile to the observed post-burial profile is < 5%. The bottom side of C-3, the top surface of C-4, and both sides of C-1-11 are identified as well-bleached prior to burial (Fig. 2B, C). Having established the bleaching depth in these cobbles (Fig. 2C), additional cores, totalling at least 11, were cut from the well-bleached surfaces for De
measurements and age determination.

200

201 **Dose recovery**

203	Prior to D_e measurements, the reliability of the IRSL (samples C-3 and C-4) and post-
204	IR POSL (sample C-1-11) protocols (Table S1) was evaluated by dose recovery tests. For
205	each protocol, six inner slices were optically bleached for 48 h (24 h each side) using a Hönle
206	SOL2 solar simulator. Three of these were then measured using the protocol in question,
207	while the remaining three slices were given a known dose in the laboratory and then
208	measured in the same manner. The dose recovery ratios were calculated by taking the ratio of
209	the measured dose subtracted by the residual dose to the given dose. The average IRSL dose
210	recovery ratios for samples C-3 and C-4 was 0.94 \pm 0.07 (n = 3), while the post-IR POSL
211	ratio for sample C-1-11 was 0.96 ± 0.04 (n = 3). All these ratios are within 10% from unity
212	indicating that our protocols can reliably recover a known dose in the laboratory (Murray and
213	Wintle, 2003).
214	
215	ENVIRONMENTAL DOSE RATES
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217	Dose rate modelling
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219	To derive the effective dose rate to the surface of the cobbles, the variation of beta
220	and gamma dose rates at the pebble-matrix interface must be taken into account. Following
221	Sohbati et al. (2015), and based on the superposition principle (Aitken, 1985; Appendix H),
222	the gradient of beta dose rate with depth into the pebble can be expressed as:

223
$$\dot{D}_{\beta,total} = 0.5 \dot{D}_{\beta,sed} e^{-bx} + \dot{D}_{\beta,rock} (1 - 0.5 e^{-bx})$$
 (3)

where $\dot{D}_{\beta,sed}$ (Gy.ka⁻¹) and $\dot{D}_{\beta,rock}$ (Gy.ka⁻¹) are sediment and rock infinite matrix beta dose 224 rates, respectively, b (mm⁻¹) is the linear beta attenuation coefficient into the pebble and x225 (mm) is depth. $\dot{D}_{\beta,sed}$ is corrected for water content and porosity of the matrix. The porosity 226 of the sediment matrix was estimated to be 17% (Table S2). The value of b was calculated to 227 be ~3.6 mm⁻¹, by taking the average of the attenuation coefficients for 238 U, 232 Th and 40 K 228 decay series for sediment by Riedesel and Autzen (2020) (their best-fit values for single 229 exponential fits) weighted by the activity concentrations in our samples (Table S2) and scaled 230 for a density of 2.6 g.cm⁻³ for the cobbles. Figure S3 shows the variation of sediment, cobble, 231 and total beta dose rates with depth for individual cobbles. The fraction of infinite matrix 232 gamma dose rate absorbed by each cobble was calculated after Aitken (1985, Appendix H) 233 using the empirical relationship p = 2.6d%, where d (cm) is the diameter of the cobble. The 234 effective total dose rate (excluding the internal beta dose rate due to ⁴⁰K content of the K-rich 235 feldspar grains) to the surface slices from the cobbles was calculated by integrating the total 236 dose rate over the thickness of the slices (i.e. < 3 mm depth into the rock). 237

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239 Internal dose rate to K-rich feldspar grains in C-3 and C-4

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The IRSL signal from feldspar mainly originates from K-rich areas in feldspar grains (Smedley et al., 2012). It is also known that the internal beta dose rate in K-rich feldspar grains is strongly dependent on the grain size due to the internal ⁴⁰K content (e.g. Smedley et al., 2012; Sohbati et al., 2013). The SEM-EDX maps of polished thin sections show that minerals with significant proportions of potassium (K-feldspar and muscovite) account for 32% and 10% of rocks C-3 and C-4, respectively. The grain-size distributions of these two

minerals were calculated from maps of those minerals (Fig. S4). These data show the modal
grain sizes of both K-feldspar and muscovite are ~90 μ m in C-3 and 30 μ m in C-4.
The relationship between grain size and internal beta dose rate due to 40 K and the
associated ⁸⁷ Rb content (Mejdahl, 1987) can well be assumed to be linear over such small
ranges of grain size (i.e. $< 100 \ \mu m$) (Mejdahl, 1979; Readhead, 2002). In order to derive the
internal beta dose rate to the average grain sizes estimated above, we calculated the absorbed
40 K and 87 Rb beta dose rate fractions using the empirical relationships by Mejdahl (1979) and
Readhead (2002) for quartz grains, and adapted them for K-rich feldspar grains, assuming a
homogenous K content of $12.5 \pm 0.5\%$ (Huntley and Baril, 1997) and a homogenous Rb
content of 400 ± 100 ppm (Huntley and Hancock, 2001). The average internal beta dose rate
for C-3 and C-4 are 0.136 ± 0.009 Gy.ka ⁻¹ and 0.385 ± 0.021 Gy.ka ⁻¹ , respectively. These
values are included in the total effective dose rates used for age calculation (Table S2).
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appendix F; Huntley and Lamothe, 2001). This value expresses the fading rate as a 271 percentage of signal lost during a storage period of one decade of time, where the storage 272 273 periods are expressed as decades relative to the laboratory irradiation time (Aitken, 1985: appendix F; Huntley and Lamothe, 2001). The g-value is estimated by measuring the IRSL 274 signal reduction with storage time after irradiation (Auclair et al., 2003). 275 Following Auclair et al. (2003), we measured the fading rate on two slices from each 276 277 cobble. The time spans between the irradiations and IRSL measurements were 0.11 h and 12 h for the prompt and delay measurements, respectively (Auclair et al., 2003). The 278 279 regeneration and test doses were ~60 and 12 Gy, respectively. The g-values for individual aliquots were calculated following Huntley and Lamothe (2001) (Fig. S5). The average 280 measured g-values are 3.19 ± 0.07 % decade⁻¹ (n = 2) for C-3 and 4.23 ± 0.27 % decade⁻¹ (n =

2) for C-4 (Table 1). 282

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Field to laboratory saturation (FLS) ratio fading correction 284

One of the advantages of rock surface luminescence dating over the conventional 285 sediment dating is that rocks contain a record of signal saturation in nature (so-called field 286 saturation). This is the equilibrium level at which the signal growth rate due to dose rate and 287 288 the signal loss rate because of anomalous fading are equal. In rocks, the field saturation limit can be inferred from the L_n/T_n values of slices from deep unexposed parts of the cobbles. 289 Based on this, Rades et al. (2018) proposed an alternative approach of fading correction for 290 rock samples. In this method, the field saturation limit (i.e. L_n/T_n values measured from deep 291 unexposed slices) is divided by the laboratory saturation limit (i.e. L_x/T_x values measured 292 from the same slices immediately after large saturating doses) to yield the field to laboratory 293 saturation (FLS) ratio as an upper estimate of fading in a given rock sample. The larger the 294 fading rate, the lower the field saturation limit, and the smaller the FLS ratio. In the low dose 295

(more linear) part of the growth curve, the corrected age can thus be derived by dividing theuncorrected age by the FLS ratio (Rades et al., 2018).

To derive an average estimate of both field and laboratory saturation limits in C-3 and 298 C-4, we selected three inner slices from each cobble whose L_n/T_n values were already 299 measured to be in field saturation (i.e. they were lying on the plateau part of the 300 corresponding luminescence depth profile; Fig. 2B). We then measured the response of each 301 302 slice to a wide range of doses up to saturation to determine the laboratory saturation limit (i.e. the amplitude of the dose response curve; Fig. S6). For each cobble, the field saturation limit 303 was calculated by averaging the L_n/T_n values from these three slices, and the laboratory 304 305 saturation limit was determined by averaging the amplitude of the saturating dose response 306 curve from the same slices (Fig. S6). These estimates of saturation limits were then divided to yield the FLS ratios of 0.74 ± 0.03 (n = 3) and 0.71 ± 0.03 (n = 3) for C-3 and C-4, 307 respectively (Fig. S6). 308

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310 SUPPLEMENTARY FIGURE CAPTIONS

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Figure S1 – (A) Typical IRSL and post-IR OSL stimulation curves from sample C-4

compared with a post-IR OSL curve from a sensitised slice of quartzite used for calibration.

(B) A typical post-IR POSL signal from sample C-1-11 compared with the corresponding

signal from a sensitised slice of calibration quartzite; cts = counts.

316 Figure S2 – Typical luminescence depth profiles for (A) an unbleached cobble and (B) a

317 partially bleached cobble. Our interpretations of whether the surfaces are at field saturation

318 (no light), partially bleached (some light), or bleached are shown for each rock surface.

Figure S3 – Variation of sediment, cobble, and total beta dose rate with depth into individual
cobbles.

321 Figure S4 – Cumulative size distributions of grain-sizes of (a) K-feldspar and (b) muscovite

for rocks C-3 and C-4 determined by mineral scanning using SEM-EDX.

323 Figure S5 – Typical g-value measurement on a rock slice from sample C-3 (left panel) and C-

4 (right panel). The shaded area depicts the 95% confidence band.

- 325 Figure S6 Average dose response curves (solid lines) for samples C-3 (left panel) and C-4
- 326 (right panel) measured from three inner slices from the unexposed parts of the cobbles. For
- 327 each sample, the field saturation limit (dashed line) is derived by averaging the natural

signals from the slices (i.e. L_n/T_n values represented by open squares on the y-axes), while the

- 329 laboratory saturation (dash-dotted line) is determined by the amplitude of the average dose
- response curve. The field to laboratory saturation ratios (shown next to the down arrows)
- 331 provide an upper limit for signal instability in nature.
- 332

333 SUPPLEMENTARY TABLES

Table S1: Outline of the Single-Aliquot Regenerative dose (SAR) protocols used in thisstudy.

Table S2: Summary of cobble size, grain size, radionuclide concentrations (dry material),

estimated water-content and porosity values, and calculated dose rates.

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Fig. S1



Fig. S2



















Fig. S5



Fig. S6